



# Goals Reset 2016

My One Little Word for this Year:

My Bible Verse for the Year:

## My Resolutions

<b>Original Health Resolutions</b>	<b>Revised Health Resolutions</b>	<b>Original Spiritual Resolutions</b>	<b>Revised Spiritual Resolutions</b>
Example: <i>Lose 100 pounds</i>	Example: <i>Lose 80 pounds</i>	Example: <i>Read Through Bible</i>	Example: <i>Read Through Psalms, Proverbs, New Testament</i>

<b>Original Financial Resolutions</b>	<b>Revised Financial Resolutions</b>	<b>Original Parenting Resolutions</b>	<b>Revised Parenting Resolutions</b>
Example: <i>Save \$100 monthly</i>	Example: <i>Save \$XX monthly</i>	Example: <i>Spend more time exercising with my children</i>	Example: <i>Exercise at least once a week with my children.</i>

<i>Original Personal Resolutions</i>	<b>Revised Personal Resolutions</b>	<i>Original Personal Resolutions</i>	<i>Revised Personal Resolutions</i>